

COLLEGE PARK

Visitation of family members/friends on Isolation

College Park Health and Rehabilitation are sustaining infection control practices with all visits. When a resident is on isolation for an infection such as; **Candida Auris, C. Diff, CRO/CRE, MRSA, ESBL, etc** transmission-based precautions (Enhanced Isolation, Contact Isolation, Enteric Isolation, Droplet Isolation) will be diligently enforced based on the infection. All isolations mean you must;

- 1.) Follow PPE (Personal Protective Equipment) such as gowns and gloves, utilizing provided handouts and the signs at each door. (No gowns or gloves in the hallways, remove them before you leave the room and then use hand sanitizer)
- 2.) You must **always** wash your hands before you enter the room and when you exit the room. Use the hand sanitizer at the door.
- 3.) Keep some dedicated space away from your loved one. Clean surfaces with wipes provided before and after you place your stuff down.
- 4.) Never touch your loved one without gloves, to prevent the spread of any infection.
- 5.) Limit the amount of personal touching.
- 6.) Don't touch your face.

Candida Auris, CRO/CRE, ESBL, etc are major concerns because they are resistant to many antibiotics/antifungals, which are considered the last line of defense to treat multi-drug resistant bacterial/fungal infections. Often, the only treatment options available for these high levels of antibiotic/antifungal resistance in these infections are more toxic and less effective. The resistance occurs when the germs no longer respond to the antibiotics/antifungals that are designed to kill them. These infections are opportunistic and will thrive when a person's immune system is lowered. These infections can spread person to person, very easily, especially in healthcare settings. Which is why hand hygiene (using hand sanitizer) is vital. In addition, they have the ability to spread resistance to other bacteria, such as Escherichia coli (E. coli). Understanding these infections, you as the guest must weigh on whether you want to continue with your visit. As a guest in this facility, it is imperative for you to understand how the transmission and exposure can affect your health status especially if you are considered to be at an increased risk of infection. Increased risk factors include age (young and elderly), underlying health conditions, weakened immune system, or you are sick yourself (flu, covid, etc). Immunocompromised guests must realize that visiting residents in isolation, puts you at an even higher risk for contracting that infection and you are considered more susceptible to Candida Auris, CRO/CRE, ESBL, etc.

Thank you,

Julie Liebo, Administrator:

Jessica Park, Infection Control Registered Nurse:

Patient's Name: _____

Guest signature: _____

PRINT: Last name: _____ First name: _____ Date: _____